

What is Vaping?

Inhaling the water vapor produced from a battery powered, electronic device which heats a flavored e-liquid contained within the device. The e-liquid may contain varying concentrations of nicotine or THC oil (Marijuana).

What are the risks?

- ◆ E-liquids (whether containing nicotine or not) contain harmful chemicals; vapor contains chemicals known to cause cancer
- ◆ Nicotine is highly addictive and can damage the developing brain
- ◆ Less than 1/2 tsp of nicotine containing e-liquid can be fatal to a toddler
- ◆ Youth who vape are more likely to use other tobacco products in future

DID YOU KNOW?

- ◆ Your brain is still developing until age 25. Nicotine is addictive, can harm your brain development and make it harder for you to concentrate and learn.
- ◆ Vapor contains cancer causing chemicals (i.e. formaldehyde) and heavy metals (i.e. nickel)
- ◆ Up until late 2016, vaping products (devices and liquids) were not regulated by the FDA
- ◆ Vaping products are illegal to sell to youth under 21 (18 in some towns), but can be easily purchased online
- ◆ Vaping is a \$2.5 billion dollar industry in US; \$125 million is spent on advertising—much of it geared toward youth
- ◆ 7,700+ e-liquid flavorings exist—many appealing to kids including fruity, candy or bubblegum flavorings; 85% of e-cigarette users aged 12–17 use flavored e-liquids
- ◆ Vaping devices can be used for other drugs like cannabinoids

What Kinds of Vaping Devices are Available?

Source: centeronaddiction.org



Vape pen



Hookah pen

- Looks like a pen
- Come in variety of sizes and colors and contain flavored liquid with or without nicotine
- Can be disposable
- Some are rechargeable and can be refilled with e-liquid
- Used with THC oil



JUUL

Photo credits: www.juulvapor.com

- Resembles a long USB stick
- Small, light, portable
- Uses disposable e-liquid "JUUL pods" each containing nicotine equivalent to a pack of cigarettes
- Inconspicuous



Vape MODS



Personal Vaping Devices

- Larger devices
- Rechargeable
- Can be filled with flavored e-liquid containing nicotine or other illicit substances

Photo credits: www.slimvapepen.com; vaping360.com

The impairment effects of edible products may be delayed by two hours or more. This product has not been analyzed or approved by the FDA. There is limited information on the side effects of using this product, and there may be associated health risks. Marijuana use during pregnancy and breast-feeding may pose potential harms. It is against the law to drive or operate machinery when under the influence of this product.

