

What is Vaping?

Inhaling the water vapor produced from a battery powered, electronic device which heats a flavored e-liquid contained within the device. The e-liquid may contain varying concentrations of nicotine or THC oil (Marijuana).

What are the risks?

- ◆ E-liquids (whether containing nicotine or not) contain harmful chemicals; vapor contains chemicals known to cause cancer
- ◆ Nicotine is highly addictive and can damage the developing brain
- ◆ Less than 1/2 tsp of nicotine containing e-liquid can be fatal to a toddler
- ◆ Youth who vape are more likely to use other tobacco products in future

DID YOU KNOW?

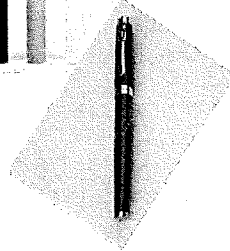
- ◆ Your brain is still developing until age 25. Nicotine is addictive, can harm your brain development and make it harder for you to concentrate and learn.
- ◆ Vapor contains cancer causing chemicals (i.e. formaldehyde) and heavy metals (i.e. nickel)
- ◆ Up until late 2016, vaping products (devices and liquids) were not regulated by the FDA
- ◆ Vaping products are illegal to sell to youth under 21 (18 in some towns), but can be easily purchased online
- ◆ Vaping is a \$2.5 billion dollar industry in US; \$125 million is spent on advertising—much of it geared toward youth
- ◆ 7,700+ e-liquid flavorings exist—many appealing to kids including fruity, candy or bubblegum flavorings; 85% of e-cigarette users aged 12–17 use flavored e-liquids
- ◆ Vaping devices can be used for other drugs like cannabinoids

What Kinds of Vaping Devices are Available?

Source: centeronaddiction.org

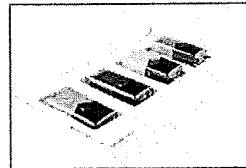
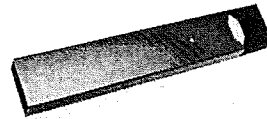


Vape pen



Hookah pen

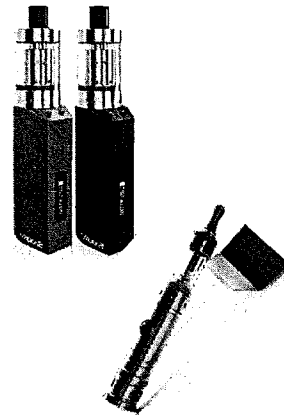
- Looks like a pen
- Come in variety of sizes and colors and contain flavored liquid with or without nicotine
- Can be disposable
- Some are rechargeable and can be re-filled with e-liquid
- Used with THC oil



JUUL

Photo credits: www.juulvapor.com

- Resembles a long USB stick
- Small, light, portable
- Uses disposable e-liquid "JUUL pods" each containing nicotine equivalent to a pack of cigarettes
- Inconspicuous



Vape MODS

Personal Vaping Devices

Photo credits: www.slimvapepen.com; vaping360.com

- Larger devices
- Rechargeable
- Can be filled with flavored e-liquid containing nicotine or other illicit substances