

COURSE NAME: Competitive Games

Unit: Flag Football

Essential Questions: How does teamwork and sportsmanship affect game play? What strategies can be applied to improve game play? Where else can you apply knowledge and experience learned in the classroom?

Framework Standard	Content / Skills	Resources	Instructional Strategies	Assessments
2.17 Demonstrate developmentally appropriate competence (basic skills, strategies, and rules) in many and proficiency in a few movement forms and motor skills (team sports, aquatics, individual/dual sports, outdoor pursuits, self-defense, dance, and gymnastics).	Understand the rules, terminology and scoring of football. Demonstrate competence in Touch or Flag Football fundamentals. <ul style="list-style-type: none"> • pass • block • catch • kick field goals • center • punt Demonstrate the ability to play proper defense and offense in a Touch or Flag Football game. Understand and show how to perform as a team.	Teaching Cues For Sport Skills. -Complete Physical Education Plans for Grades -Quality Lesson Plans for Secondary Physical	Lecture Demonstration Drill and Practice Questioning Modeling Guided Practice Games	Participation Teacher Observation Skill Test Debrief Writing Across the Curriculum: List 5 Strategies in competition
2.18 Demonstrate activities for warming up and cooling down before and after aerobic exercise.	Demonstrate activities for warming up before and cooling down after exercise. Demonstrate understanding and competency in using controlled movement to begin, maintain and end an activity.	Teaching Cues For Sport Skills. -Complete Physical Education Plans for Grades -Quality Lesson Plans for Secondary Physical	Lecture Demonstration Drill and Practice Questioning Modeling Guided Practice Skill Specific Warm-Up Student Lead Warm-Up	Participation Teacher Observation
2.26 Apply safe practices, rules, procedures, and sportsmanship etiquette in physical activity settings, including how to anticipate potentially dangerous consequences and outcomes of participation in physical activity.	Understand the rules, terminology and scoring of football. Exhibit sportsmanship while playing the game of Touch or Flag Football. Know and successfully use the safety rules for Touch or Flag Football.	Teaching Cues For Sport Skills. -Complete Physical Education Plans for Grades -Quality Lesson Plans for Secondary Physical	Demonstration Group Discussion Debrief Lecture Practice Questioning Rule and Etiquette Handout	Participation Debrief Teacher Observation Final Exam (Common assessment)

COURSE NAME: Competitive Games

Unit: Ultimate Frisbee

Essential Questions: How does teamwork and sportsmanship affect game play? What strategies can be applied to improve game play? Where else can you apply knowledge and experience learned in the classroom?

Framework Standard	Content / Skills	Resources	Instructional Strategies	Assessments
<p>2.17 Demonstrate developmentally appropriate competence (basic skills, strategies, and rules) in many and proficiency in a few movement forms and motor skills (team sports, aquatics, individual/dual sports, outdoor pursuits, self-defense, dance, and gymnastics).</p>	<p>Understand the rules, terminology and scoring of Ultimate Frisbee. Demonstrate competence in Ultimate Frisbee fundamentals.</p> <ul style="list-style-type: none"> • sidearm throw • right hand catch • overhead throw • left hand catch - curve throw • tip catch • skip throw • two hand catch <p>Demonstrate the ability to play proper defense and offense in an Ultimate Frisbee game. Understand and show how to perform as a team.</p>	<p>Teaching Cues For Sport Skills. -Complete Physical Education Plans for Grades -Quality Lesson Plans for Secondary Physical</p>	<p>Lecture Demonstration Drill and Practice Questioning Modeling Guided Practice Games</p>	<p>Participation Teacher Observation Skill Test Debrief Writing Across the Curriculum: List 5 Strategies in competition</p>
<p>2.18 Demonstrate activities for warming up and cooling down before and after aerobic exercise.</p>	<p>Demonstrate activities for warming up before and cooling down after exercise. Demonstrate understanding and competency in using controlled movement to begin, maintain and end an activity.</p>	<p>Teaching Cues For Sport Skills. -Complete Physical Education Plans for Grades -Quality Lesson Plans for Secondary Physical</p>	<p>Lecture Demonstration Drill and Practice Questioning Modeling Guided Practice Skill Specific Warm-Up Student Lead Warm-Up</p>	<p>Participation Teacher Observation</p>

2.26 Apply safe practices, rules, procedures, and sportsmanship etiquette in physical activity settings, including how to anticipate potentially dangerous consequences and outcomes of participation in physical activity.	Understand the rules, terminology and scoring of Ultimate Frisbee. Exhibit sportsmanship while playing the game of Ultimate Frisbee. Know and successfully use the safety rules for Ultimate Frisbee.	Teaching Cues For Sport Skills. -Complete Physical Education Plans for Grades -Quality Lesson Plans for Secondary Physical	Demonstration Group Discussion Debrief Lecture Practice Questioning Rule and Etiquette Handout	Participation Debrief Teacher Observation Final Exam (Common assessment)
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COURSE NAME: Competitive Games

Unit: Volleyball

Essential Questions: How does teamwork and sportsmanship affect game play? What strategies can be applied to improve game play? Where else can you apply knowledge and experience learned in the classroom?

Framework Standard	Content / Skills	Resources	Instructional Strategies	Assessments
2.17 Demonstrate developmentally appropriate competence (basic skills, strategies, and rules) in many and proficiency in a few movement forms and motor skills (team sports, aquatics, individual/dual sports, outdoor pursuits, self-defense, dance, and gymnastics).	Understand the rules, terminology and scoring of Volleyball. Demonstrate competence in Volleyball fundamentals. • forearm pass • spike • overhead pass • block • serve Demonstrate the ability to play proper defense and offense in a Volleyball game. Know and successfully use the safety rules for Volleyball. Know and successfully use the safety rules for Volleyball.	Teaching Cues For Sport Skills. -Complete Physical Education Plans for Grades -Quality Lesson Plans for Secondary Physical	Lecture Demonstration Drill and Practice Questioning Modeling Guided Practice Games	Participation Teacher Observation Skill Test Debrief Writing Across the Curriculum: List 5 Strategies in competition

2.18 Demonstrate activities for warming up and cooling down before and after aerobic exercise.	Demonstrate activities for warming up before and cooling down after exercise. Demonstrate understanding and competency in using controlled movement to begin, maintain and end an activity.	Teaching Cues For Sport Skills. -Complete Physical Education Plans for Grades -Quality Lesson Plans for Secondary Physical	Lecture Demonstration Drill and Practice Questioning Modeling Guided Practice Skill Specific Warm-Up Student Lead Warm-Up	Participation Teacher Observation
2.26 Apply safe practices, rules, procedures, and sportsmanship etiquette in physical activity settings, including how to anticipate potentially dangerous consequences and outcomes of participation in physical activity.	Understand the rules, terminology and scoring of Volleyball. Exhibit sportsmanship while playing the game of Volleyball.	Teaching Cues For Sport Skills. -Complete Physical Education Plans for Grades -Quality Lesson Plans for Secondary Physical	Demonstration Debrief Group Discussion Lecture Practice Questioning Rule and Etiquette Handout	Participation Debrief Teacher Observation Final Exam (Common assessment)

COURSE NAME: Competitive Games

Unit: Soccer
Essential Questions: How does teamwork and sportsmanship affect game play? What strategies can be applied to improve game play?
Where else can you apply knowledge and experience learned in the classroom?

Framework Standard	Content / Skills	Resources	Instructional Strategies	Assessments
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<p>2.17 Demonstrate developmentally appropriate competence (basic skills, strategies, and rules) in many and proficiency in a few movement forms and motor skills (team sports, aquatics, individual/dual sports, outdoor pursuits, self-defense, dance, and gymnastics).</p>	<p>Understand the rules, terminology and scoring of a soccer game. Demonstrate competence in Soccer fundamentals.</p> <ul style="list-style-type: none"> • passing • shooting • trapping • dribbling <p>Demonstrate the ability to play proper defense and offense in a Soccer game. Understand and show how to perform as a team.</p>	<p>Teaching Cues For Sport Skills. -Complete Physical Education Plans for Grades -Quality Lesson Plans for Secondary Physical</p>	<p>Lecture Demonstration Drill and Practice Questioning Modeling Guided Practice Games</p>	<p>Participation Teacher Observation Skill Test Writing Across the Curriculum: List 5 Strategies in competition</p>
<p>2.18 Demonstrate activities for warming up and cooling down before and after aerobic exercise.</p>	<p>Demonstrate activities for warming up before and cooling down after exercise. Demonstrate understanding and competency in using controlled movement to begin, maintain and end an activity.</p>	<p>Teaching Cues For Sport Skills. -Complete Physical Education Plans for Grades -Quality Lesson Plans for Secondary Physical</p>	<p>Lecture Demonstration Drill and Practice Questioning Modeling Guided Practice Skill Specific Warm-Up Student Lead Warm-Up</p>	<p>Participation Teacher Observation</p>
<p>2.26 Apply safe practices, rules, procedures, and sportsmanship etiquette in physical activity settings, including how to anticipate potentially dangerous consequences and outcomes of participation in physical activity.</p>	<p>Understand the rules, terminology and scoring of a soccer game. Exhibit sportsmanship while playing the game of Soccer. Know and successfully use the safety rules of Soccer.</p>	<p>Teaching Cues For Sport Skills. -Complete Physical Education Plans for Grades -Quality Lesson Plans for Secondary Physical</p>	<p>Demonstration Group Discussion Lecture Practice Questioning Rule and Etiquette Handout</p>	<p>Participation Teacher Observation Debrief Final Exam (Common assessment)</p>

COURSE NAME: Competitive Games

Unit: RACQUET SPORTS

Essential Questions: How does teamwork and sportsmanship affect game play? What strategies can be applied to improve game play? Where else can you apply knowledge and experience learned in the classroom? How can you apply strategy in a game situation?

Framework Standard	Content / Skills	Resources	Instructional Strategies	Assessments
2.17 Demonstrate developmentally appropriate competence (basic skills, strategies, and rules) in many and proficiency in a few movement forms and motor skills (team sports, aquatics, individual/dual sports, outdoor pursuits, self-defense, dance, and gymnastics).	Demonstrate the skills of the proper grip, ball control, stance and ready position. Demonstrate execution of: -Forehand Drive -Backhand Drive -Overhand Serve -Drop Shot -Lob Shot -Overhead Smash -Drive Shot Understand the scoring in a racquet game. Apply playing skills and knowledge in game play. Execute a competitive game of singles and doubles play.	-Teaching Cues For Sport Skills. -Complete Physical Education Plans for Grades -Quality Lesson Plans for Secondary Physical	Lecture Demonstration Drill and Practice Questioning Modeling Guided Practice Games	Participation Teacher Observation Skill Test Writing Across the Curriculum: List 5 Strategies in competition Debrief Questions
2.18 Demonstrate activities for warming up and cooling down before and after aerobic exercise.	Demonstrate activities for warming up before and cooling down after exercise. Demonstrate understanding and competency in using controlled movement to begin, maintain and end an activity.	-Teaching Cues For Sport Skills. -Complete Physical Education Plans for Grades -Quality Lesson Plans for Secondary Physical .	Lecture Demonstration Drill and Practice Questioning Modeling Guided Practice Skill Specific Warm-Up Student Lead Warm-Up	Participation Teacher Observation

2.26 Apply safe practices, rules, procedures, and sportsmanship etiquette in physical activity settings, including how to anticipate potentially dangerous consequences and outcomes of participation in physical activity.	Exhibit responsible personal and social behavior that respects self and others in physical activity settings. Demonstrate good sportsmanship during play. Perform by the rules, scoring and etiquette of tennis.	-Teaching Cues For Sport Skills. -Complete Physical Education Plans for Grades -Quality Lesson Plans for Secondary Physical	Demonstration Group Discussion Lecture Practice Questioning Rule and Etiquette Handout	Participation Teacher Observation Debrief Questions Final Exam (Common Assessment)
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COURSE NAME: Competitive Games

Unit: Basketball
Essential Questions: How does teamwork and sportsmanship affect game play? What strategies can be applied to improve game play? Where else can you apply knowledge and experience learned in the classroom?

Framework Standard	Content / Skills	Resources	Instructional Strategies	Assessments
2.17 Demonstrate developmentally appropriate competence (basic skills, strategies, and rules) in many and proficiency in a few movement forms and motor skills (team sports, aquatics, individual/dual sports, outdoor pursuits, self-defense, dance, and gymnastics).	Understand the rules, terminology and scoring of Basketball. Demonstrate competence in Basketball fundamentals. <ul style="list-style-type: none"> • shooting • passing • dribbling Demonstrate the ability to play proper defense and offense in a Basketball game. Understand and show how to perform as a team. Apply skills and Knowledge in game play,	Teaching Cues For Sport Skills. -Complete Physical Education Plans for Grades -Quality Lesson Plans for Secondary Physical	Lecture Demonstration Drill and Practice Questioning Modeling Guided Practice Games	Participation Teacher Observation Skill Test Writing Across the Curriculum: List 5 Strategies in competition

<p>2.18 Demonstrate activities for warming up and cooling down before and after aerobic exercise.</p>	<p>Demonstrate activities for warming up before and cooling down after exercise. Demonstrate understanding and competency in using controlled movement to begin, maintain and end an activity.</p>	<p>Teaching Cues For Sport Skills. -Complete Physical Education Plans for Grades -Quality Lesson Plans for Secondary Physical</p>	<p>Lecture Demonstration Drill and Practice Questioning Modeling Guided Practice Skill Specific Warm-Up Student Lead Warm-Up</p>	<p>Participation Teacher Observation</p>
<p>2.26 Apply safe practices, rules, procedures, and sportsmanship etiquette in physical activity settings, including how to anticipate potentially dangerous consequences and outcomes of participation in physical activity.</p>	<p>Understand the rules, terminology and scoring of Basketball. Understand the rules, terminology and scoring of Basketball. Exhibit sportsmanship while playing the game of Basketball.</p>	<p>Teaching Cues For Sport Skills. -Complete Physical Education Plans for Grades -Quality Lesson Plans for Secondary Physical</p>	<p>Demonstration Group Discussion Lecture Practice Games Questioning Rule and Etiquette Handout</p>	<p>Participation Teacher Observation Debrief Final Exam (Common Assessment)</p>